

Mr. Fida Hussain

**Lecturer, Deptt of Sports Science & Physical ,
University of Veterinary & Animal Science, Swat, Kp,**

Ph.D (Scholar) Sports Sciences and Physical Education

Gomal University Dera Ismail Khan, Pakistan

Cell Phone: (+92)-305-9558386; 335-5940498

Gmail: fida81320@gmail.com

Gmail: f9717128@gmail.com

Qualifications

<i>2022-2025</i>	P.hD in Sports Sciences and Physical Education, Gomal University, Dera Ismail Khan
<i>2019-21</i>	M. Phil in Sports Sciences and Physical Education, Gomal University Dera Ismail Khan, Pakistan.
<i>2016-18</i>	Master in Sports Sciences and Physical Education, Gomal University Dera Ismail Khan, Pakistan.
<i>2014</i>	Bachelor of Arts, University of Science & Technology Bannu.
<i>2012</i>	Intermediate in Humanities, Board of Intermediate & Secondary Education, Bannu.
<i>2011</i>	Secondary School Certificate, Board of Intermediate & Secondary Education, Bannu.

Distinguish

- i. Gold Medal in M.Sc (SSPE)
- ii. First Position in M.Phil Course Work
- iii. First Position in Ph.D Course Work

Summary of Experience

- i. Appointment as Teaching Assistant on fixed-pay (06-01-2021 to 19-07-2022)
- ii. Appointment as Lecturer BPS-18 on fixed-pay (05-09-2022 to 08-01-2026)
- iii. Coordinator for Department Students Affairs of SSPE (27-02-2024 to till date)

Area of Interest

- i. Science of Sports Training and Coaching
- ii. Sports Medicine
- iii. Sports Bio-mechanics
- iv. Exercise Physiology

Memberships

- i. Member of CMS, Gomal University, Dera Ismail Khan, Khyber Pakhtunkhwa, Pakistan
- ii. Member Under graduate Admission Committee, Department of Sports Sciences and Physical Education, Gomal University, Dera Ismail Khan, Khyber Pakhtunkhwa, Pakistan
- iii. Member Board of Study, Department of Sports Sciences and Physical Education, Gomal University, Dera Ismail Khan, Khyber Pakhtunkhwa, Pakistan

Research Publications

1. **Khan, W., Arif, T., & Hussain, F. (2022).** Understanding the perceived barriers and facilitations of student sports participation: a case study of Gomal University Dera Ismail Khan. *THE SKY-International Journal of Physical Education and Sports Sciences (IJ PESS)*, 6, 93-108.
2. **Enhancing Gross Motor Skills in Children Aged 6-8 Through Adapted Badminton Exercises: An Experimental Study**
3. **Effects Of Football Participation On Teamwork Skills: Understanding How Parental Encouragement Mediates And Coaching Styles Moderates**
4. **Design and Evaluation of Performance Training Programs for College Badminton Players: An Experimental Approach in Pakistan**
5. **Specialized Training Modules for Performance in Punjab Female Volleyball Players: An Experimental**
6. **Understanding The Perceived Barriers And Facilitations Of Student Sports Participation: A Case Study Of Gomal University Dera Ismail Khan**

Conference/Seminar Presentation and Participation

- i. Participation in on One Day Seminar on **“Research Project Preparation and Funding Opportunities”** in collaboration with ORIC, Department of Sports Sciences and Physical Education, Gomal University, Dra Ismail Kha, Khyber Pakhtunkhwa, Pakistan. March 14, 2023
- ii. Participated in **“1st International Conference on Sport, Exercise and Health”**, Department of Sports Sciences and Physical Education, Gomal University, Dra Ismail Kha, Khyber Pakhtunkhwa, Pakistan. October 25-26, 2022

Academic References

PROF. DR. SALAHUDDIN KHAN

Department of Sports Science & Physical Education
 Alhumd University, Islam Abad,

DR. WASIM KHAN (Assistant Professor)

Department of Sports Science & Physical Education
Gomal University, Dera, Ismail Khan.

DR. Syed Asif Abbas

Assistant Professor,
Gomal University Dera, Ismail Khan.

DR. SYED. ZIA-UL-ISLAM

Associate Professor,
HoD ,Department of Sports Science & Physical Education
University of Haripur, Haripur

DR. TASLEEM ARIF

Assistant Professor,
Department of Sports Science & Physical Education
University of Haripur, Haripur